



T-SPOT®.TB Test COLLECTION, HANDLING & SHIPPING INSTRUCTIONS

Test Information & Highlights

Test Code:	288
Specimen Req:	(2) 9mL Whole Blood Lithium or Sodium Heparin (NO GEL) (Green Top Tube)
Methodology :	ELISPOT (IGRA)
CPT Code:	86481
Stability:	Samples must be at RDL within 32 hours of collection
TAT:	3 days

Special Instructions: Keep the specimen ambient, at room temperature until the RDL courier or FEDEX courier picks it up. NEVER REFRIGERATE OR FREEZE.

Packaging Samples:

The T-SPOT kit utilizes two liquid cryopak to protect samples from extreme cold. If the cryopak is solid, melt the pack by placing it in warm water. Let the packs sit at room temperature for at least 30 minutes to ensure that the packs are within the specimen storage requirements needed.

1. Ensure that all samples have been labeled properly prior packaging.
2. Verify that the name on the requisition matches the name on the tubes.
3. Place the whole blood samples inside the biohazard bags and insert the request form on the outer sleeve of the biohazard bag.
4. Place the first cryopak at the bottom of the insulated container.
5. Place biohazard bag containing the specimen on top of the cryopak.
6. Place the second cryopak on top of the specimens (biohazard bag).
7. Secure the insulated container by placing the lid on top.
8. Seal the outer box with packaging tape.
9. Affix enclosed air bill on top of the outer box (see instructions in completing airbill).

Blood Collection Procedures:

Req: (2) 9mL Whole Blood Lithium or Sodium Heparin

1. Collect two (2) Lithium or Sodium Heparin tube - **NO GEL** (Green Top) .
2. Gently invert tubes (8-10 times) to ensure that the whole blood is mixed thoroughly with the anticoagulant. **DO NOT CENTRIFUGE.**
3. Label the tubes with the following required information:
 - * Patient Name
 - * Patient date of birth
 - * Date and time of collection
 - * Unique Identifier (ex: Patient ID, MRN)
4. Store collected blood at room temperature (18-25°C). *Do not refrigerate or freeze.*
5. Schedule specimen pick-up the same day.



Completing FedEx Airbill:

1. Complete Section 1 - Senders Information with the date the shipment is being sent.
2. Section 5 - Check FedEx Pak if using the enclosed Clinical Pak
3. Section 7: Mark bill to Recipient and enter RDL's FedEx account #: 118103629, to ensure proper billing.
4. Please indicate the Total # of Packages & Total Weight (approx 1 lb).
5. For any questions, contact our Client Services Dept at (800) 338-1998.

Shipping thru FedEx:

Schedule a pick up with your local FedEx by calling (800) 463-3339. If you already have a scheduled routine pick-up with FedEx, just place your package with the regular outgoing packages.

NOTE: FedEx may requires a 2-hour window for picked-up and different areas may have different cut-off times. To ensure that your package will be pick-up and delivered on time (within the 32 hr timeframe), make arrangements as soon as your package is ready to ship.