

RDL - Specimen Requirements

Test #	Test Name	Tube Type	Comments
288	Tspot	2 (6ml) Whole Blood Lithium Heparin Green Top Tube 32 hours Ambient. DO NOT REFRIGERATE OR FREEZE	<p>Patients can only be drawn Monday – Thursday. Please do not draw on Friday (except for clients in the greater Los Angeles area).</p> <p>1. Draw two lithium heparin [green top] tubes [6 mL each]. Invert ten times to mix. Do not centrifuge. Date and time of draw must be written on both tubes. Keep them at room temperature. NEVER REFRIGERATE OR FREEZE.</p> <p>2. Keep the specimen at room temperature until the RDL courier or FEDEX courier picks it up. The specimen must be picked up the same day of draw.</p>
90	HLAB27	1 (5ml) Whole Blood EDTA Lavender Top 5 days Ambient	Do not spin, separate or refrigerate.
340	CPK	1 mL Serum Serum Separator Tube 4 hours Ambient; 8-12 hours Refrigerated; 1 month Frozen	The specimen must be frozen within 24 hours. Send on dry ice by overnight express mail. Protect samples from light for maximum stability.
116	Lupus Anticoagulant (LA)	2 mL Citrated Plasma Light Blue Top Tube 60 days Frozen	<p>Draw in sodium citrated (blue top) tubes. Mix by inverting 10 times. Check for fibrin clots using wooden applicator sticks. Clotted specimen is unsatisfactory. Centrifuge immediately for 15 minutes at 1500g. Pour into red top tube and centrifuge a second time. Do not let whole blood sit at room temperature for more than 20 minutes before centrifugation. Transfer plasma into two plastic vials, 1 mL each. Mark tube accordingly. Freeze immediately. Plasma must be separated from the red cells before freezing. Specimen must remain frozen throughout transport and shipped on dry ice (by overnight express mail if out of the greater Los Angeles area). For your convenience, separated & spun serum samples for other tests can be frozen and sent along with the frozen plasma. Please specify on the tubes if serum or plasma.</p>
1380	Cryoglobulins	1.0 ml Serum Red top tube DO NOT use SST or Barrier tube 8 days Ambient	<p>Immediately after collection, place the tube into a water bath at 37°C for 1 hour. Centrifuge and separate immediately, while still maintaining the 37°C. Mark tube "Treated for Cryo". Please note date and time of collection. Send by overnight express mail. Untreated samples will be rejected. Please Note: Cryos have to be read for 6 days to assure positivity. If it turns positive on the 6th day, 2 more days are needed to result it.</p>
N/A	All Other Tests	2.0 ml Serum Serum Separator Tube Ambient Refrigerated Frozen	Please visit our website for specific stability for each individual assay.

To Learn More:

Visit our website at www.RDLinc.com or call 800-338-1918.



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